

(E1+E2) + E3- DFBnO 2021 E3

2021-09-13

K10 (3 / 3)

| | | | Total Time | Stage | | |
|----|-------------------|----------------------------|-------------------|--------------|----|-------|
| 1. | Ładmirska Maja | MKS Paulinum, Jelenia Góra | 1:00:12 | 20:29 | 3. | +1:57 |
| 2. | Janas Agnieszka | UKS Kometa, Gliwice | 1:09:54 | 18:32 | 1. | |
| | Szlachta Wiktorja | MKS Paulinum, Jelenia Góra | MP | 19:24 | 2. | +0:52 |

K12 (18 / 18)

| | | | Total Time | Stage | | |
|-----|-----------------------|----------------------------|-------------------|--------------|-----|--------|
| 1. | Miś Milena | HKS Azymut, Mochy | 51:31 | 26:13 | 1. | |
| 2. | Wysocka Michalina | MKS MOS, Wrocław | 58:32 | 29:14 | 3. | +3:01 |
| 3. | Kaźmierczak Magdalena | HKS Azymut, Mochy | 59:48 | 30:16 | 4. | +4:03 |
| 4. | Paterek Hanna | HKS Azymut, Mochy | 1:09:17 | 28:02 | 2. | +1:49 |
| 5. | Bohne Amelia | HKS Azymut, Mochy | 1:16:03 | 36:36 | 5. | +10:23 |
| 6. | Gorzelnjak Zofia | HKS Azymut, Mochy | 1:29:27 | 38:38 | 7. | +12:25 |
| 7. | Pietrowska Matyllda | UKS Dąb, Leszno | 1:34:03 | 39:25 | 8. | +13:12 |
| 8. | Jurek Marta | UKS Reflex, Rybnik | 1:43:12 | 39:37 | 9. | +13:24 |
| 9. | Szafran Karolina | MKS MOS, Wrocław | 1:43:41 | 52:26 | 15. | +26:13 |
| 10. | Muchaczow Julia | MKS Paulinum, Jelenia Góra | 1:47:31 | 43:04 | 10. | +16:51 |
| 11. | Nalepa Hanna | MKS Paulinum, Jelenia Góra | 1:49:56 | 44:45 | 11. | +18:32 |
| 12. | Skóra Nina | MKS MOS, Wrocław | 1:51:25 | 48:31 | 13. | +22:18 |
| | Białasik Nikol | UKS Dąb, Leszno | MP | 51:27 | 14. | +25:14 |
| | Gasowska Milena | UKS Energetyk, Dychów | NTP | 46:22 | 12. | +20:09 |
| | Gasowska Sandra | UKS Energetyk, Dychów | NTP | 1:30:01 | 17. | +63:48 |
| | Kwiatkowska Oliwia | UKS Energetyk, Dychów | NTP | 1:31:50 | 18. | +65:37 |
| | Łabędzka Karolina | UKS Energetyk, Dychów | NTP | 58:23 | 16. | +32:10 |
| | Stefanowicz Róża | UKS Energetyk, Dychów | NTP | 37:03 | 6. | +10:50 |

K14 (19 / 19)

| | | | Total Time | Stage | | |
|-----|---------------------|----------------------------|-------------------|--------------|-----|--------|
| 1. | Szczygiel Hanna | MKS MOS, Wrocław | 1:11:32 | 31:52 | 7. | +5:39 |
| 2. | Hetnar Oliwia | UKS Orientpark.pl, Iwiny | 1:13:38 | 28:24 | 2. | +2:11 |
| 3. | Kuciel Hanna | MKS MOS, Wrocław | 1:14:13 | 32:59 | 9. | +6:46 |
| 4. | Klecha Weronika | HKS Azymut, Mochy | 1:14:39 | 30:11 | 5. | +3:58 |
| 5. | Dutkiewicz Wiktorja | MKS Paulinum, Jelenia Góra | 1:17:41 | 30:25 | 6. | +4:12 |
| 6. | Łączka Julia | UKS OSiR, Góra Kalwaria | 1:18:48 | 29:51 | 3. | +3:38 |
| 7. | Kraszewska Olga | MKS MOS, Wrocław | 1:19:32 | 29:51 | 3. | +3:38 |
| 8. | Staniec Julia | MKS MOS, Wrocław | 1:21:31 | 31:55 | 8. | +5:42 |
| 9. | Porada Jagoda | UKS Reflex, Rybnik | 1:25:54 | 37:05 | 11. | +10:52 |
| 10. | Nikołajuk Martyna | UKS Orientpark.pl, Iwiny | 1:29:55 | 26:13 | 1. | |
| 11. | Ciastoń Oliwia | MKS MOS, Wrocław | 1:30:02 | 34:12 | 10. | +7:59 |
| 12. | Lewkowicz Julia | MKS Paulinum, Jelenia Góra | 1:40:38 | 43:31 | 13. | +17:18 |
| 13. | Janiak Lena | UKS Reflex, Rybnik | 1:47:15 | 45:30 | 14. | +19:17 |

| | | | | | | |
|-----|--------------------|--------------------|---------|---------|-----|--------|
| 14. | Marciniak Weronika | MKS MOS, Wrocław | 1:52:01 | 40:15 | 12. | +14:02 |
| 15. | Konik Julia | UKS Reflex, Rybnik | 2:01:50 | 46:39 | 15. | +20:26 |
| 16. | Żuchowicz Inga | UKS Reflex, Rybnik | 2:19:24 | 1:10:48 | 18. | +44:35 |
| 17. | Grembowska Julia | UKS Dąb, Leszno | 2:21:19 | 1:08:24 | 16. | +42:11 |
| | Baj Zuzanna | UKS Reflex, Rybnik | MP | 1:10:02 | 17. | +43:49 |
| | Kruczkowska Alicja | UKS Reflex, Rybnik | MP | 1:11:02 | 19. | +44:49 |

K16 (6 / 6)

| | | | Total Time | Stage | | |
|----|---------------------|--------------------------|-------------------|--------------|----|--------|
| 1. | Nikołajuk Maja | UKS Orientpark.pl, Iwiny | 2:01:37 | 1:00:12 | 2. | +4:53 |
| 2. | Prais Julia | UKS Dąb, Leszno | 2:03:41 | 55:19 | 1. | |
| 3. | Zawada Karolina | UKS Orientpark.pl, Iwiny | 2:21:24 | 1:11:15 | 3. | +15:56 |
| 4. | Mikołajczak Iga | UKS Dąb, Leszno | 2:24:10 | 1:18:13 | 4. | +22:54 |
| 5. | Młynkowiak Karolina | HKS Azymut, Mochy | 3:38:44 | 1:47:30 | 6. | +52:11 |
| | Stefanowicz Natasza | UKS Energetyk, Dychów | NTP | 1:27:35 | 5. | +32:16 |

K21 (6 / 6)

| | | | Total Time | Stage | | |
|----|--------------------|-----------------------|-------------------|--------------|----|--------|
| 1. | Kubecová Magdaléna | Česká Lípa | 2:16:56 | 1:14:53 | 2. | +5:13 |
| 2. | Panaszek Justyna | Indywidualny lubuskie | 2:31:22 | 1:16:59 | 3. | +7:19 |
| | Macharová Michaela | Česká Lípa | MP | 2:38:31 | 5. | +88:51 |
| | Mol Weronika | HKS Azymut, Mochy | MP | MP | | |
| | Jankowska Karolina | Bolestawiec | NTP | 1:40:09 | 4. | +30:29 |
| | Paulava Hanna | WKS Śląsk Wrocław | NTP | 1:09:40 | 1. | |

K35 (4 / 4)

| | | | Total Time | Stage | | |
|----|-----------------------|---------------------------|-------------------|--------------|----|-------|
| 1. | Bańska-Bodziona Aneta | Indywidualny Dolnośląskie | 1:48:50 | 55:25 | 1. | |
| 2. | Budna Emilia | 17WBZ | 2:07:34 | 1:02:22 | 2. | +6:57 |
| | Hanušová Petra | Česká Lípa | MP | MP | | |
| | Łabędzka Honorata | UKS Energetyk, Dychów | NTP | 1:05:16 | 3. | +9:51 |

K40 (5 / 5)

| | | | Total Time | Stage | | |
|----|----------------------|---------------------|-------------------|--------------|----|--------|
| 1. | Bultrowicz Agnieszka | KS Hades, Poznań | 1:47:18 | 58:58 | 1. | |
| 2. | Łukaszyk Sylwia | UKS Dąb, Leszno | 2:26:41 | 1:16:54 | 3. | +17:56 |
| 3. | Golinowska Elżbieta | HKS Azymut, Mochy | 2:28:47 | 1:14:26 | 2. | +15:28 |
| 4. | Janas Irena | UKS Kometa, Gliwice | 2:48:15 | 1:23:19 | 4. | +24:21 |
| 5. | Žandová Barbora | Česká Lípa | 3:13:45 | 1:32:44 | 5. | +33:46 |

K45 (3 / 3)

| | | | Total Time | Stage | | |
|----|------------------|----------------------------|-------------------|--------------|----|-------|
| 1. | Paterek Honorata | Indywidualny Wielkopolskie | 1:23:07 | 47:30 | 1. | |
| 2. | Nowak Barbara | HKS Azymut, Mochy | 1:31:47 | 51:31 | 3. | +4:01 |
| 3. | Wysocka Joanna | WKS Śląsk, Wrocław | 1:51:24 | 49:13 | 2. | +1:43 |

K60 (4 / 4)

| | | | Total Time | Stage | | |
|----|-------------|------------|-------------------|--------------|----|-------|
| 1. | Šípová Soňa | Česká Lípa | 1:46:11 | 1:03:01 | 1. | |
| 2. | Hornová Eva | Česká Lípa | 1:52:47 | 1:07:29 | 2. | +4:28 |

| | | | | | | |
|----|-----------------|------------|---------|---------|----|--------|
| 3. | Bartoňová Marie | Česká Lípa | 2:20:04 | 1:16:39 | 3. | +13:38 |
| 4. | Kubatova Ivana | Česká Lípa | 2:26:03 | 1:25:31 | 4. | +22:30 |

M10 (2 / 2)

| | | | Total Time | Stage | | |
|----|-----------------------|----------------------------|-------------------|--------------|----|-------|
| 1. | Bultrowicz Franciszek | KS Hades, Poznań | 58:02 | 15:50 | 1. | |
| 2. | Górski Krzesimir | MKS Paulinum, Jelenia Góra | 59:51 | 18:39 | 2. | +2:49 |

M12 (7 / 7)

| | | | Total Time | Stage | | |
|----|--------------------|----------------------------|-------------------|--------------|----|--------|
| 1. | Ładomirski Szymon | MKS Paulinum, Jelenia Góra | 55:46 | 26:36 | 1. | |
| 2. | Marszałek Dawid | UKS Kometa, Gliwice | 1:02:51 | 27:30 | 2. | +0:54 |
| 3. | Tomala Maciej | MKS MOS, Wrocław | 1:15:06 | 34:41 | 3. | +8:05 |
| 4. | Pietrzak Bruno | HKS Azymut, Mochy | 1:43:17 | 40:44 | 4. | +14:08 |
| 5. | Janas Aleksander | UKS Kometa, Gliwice | 2:00:35 | 53:46 | 6. | +27:10 |
| 6. | Młynkowiak Fabian | HKS Azymut, Mochy | 2:11:39 | 1:01:52 | 7. | +35:16 |
| | Staśkiewicz Miłosz | MKS MOS, Wrocław | MP | 42:45 | 5. | +16:09 |

M14 (16 / 16)

| | | | Total Time | Stage | | |
|-----|----------------------|----------------------------|-------------------|--------------|-----|--------|
| 1. | Kociuba Wiktor | MKS MOS, Wrocław | 57:08 | 22:45 | 1. | |
| 2. | Wodzicki Filip | MKS MOS, Wrocław | 1:04:17 | 24:16 | 2. | +1:31 |
| 3. | Świdorski Ignacy | MKS MOS, Wrocław | 1:15:25 | 28:01 | 3. | +5:16 |
| 4. | Grzymkiewicz Mateusz | UKS Orientuś, Łódź | 1:20:55 | 32:02 | 5. | +9:17 |
| 5. | Gil Szymon | MKS Paulinum, Jelenia Góra | 1:31:41 | 30:49 | 4. | +8:04 |
| 6. | Stefańczak Tymon | MKS MOS, Wrocław | 1:38:42 | 33:21 | 7. | +10:36 |
| 7. | Górski Igor | MKS Paulinum, Jelenia Góra | 1:40:43 | 32:19 | 6. | +9:34 |
| 8. | Wyruszyński Bartosz | KB Piast, Międzyrzecz | 1:52:43 | 34:29 | 9. | +11:44 |
| 9. | Mikołajczak Tymon | UKS Dąb, Leszno | 1:53:41 | 46:54 | 12. | +24:09 |
| 10. | Konik Robert | UKS Reflex, Rybnik | 2:13:28 | 42:30 | 11. | +19:45 |
| 11. | Kracjarz Szymon | UKS Reflex, Rybnik | 2:18:33 | 54:41 | 13. | +31:56 |
| 12. | Białasik Bartosz | UKS Dąb, Leszno | 2:19:54 | 59:04 | 15. | +36:19 |
| | Hubner Ondřej | Česká Lípa | MP | 56:25 | 14. | +33:40 |
| | Jończy Michał | MKS Paulinum, Jelenia Góra | MP | 40:50 | 10. | +18:05 |
| | Murawski Rafał | HKS Azymut, Mochy | MP | 1:11:53 | 16. | +49:08 |
| | Pachnik Antoni | UKS Orientpark.pl, Iwiny | MP | 34:01 | 8. | +11:16 |

M16 (4 / 4)

| | | | Total Time | Stage | | |
|----|------------------------|-------------------------|-------------------|--------------|----|-------|
| 1. | Maciejewski Bartłomiej | BKS Wataha Warszawa | 1:22:11 | 46:42 | 3. | +1:18 |
| 2. | Bultrowicz Tymoteusz | KS Hades, Poznań | 1:25:20 | 45:24 | 1. | |
| 3. | Marszałek Patryk | UKS Kometa, Gliwice | 1:36:26 | 50:37 | 4. | +5:13 |
| 4. | Łącki Jakub | UKS OSiR, Góra Kalwaria | 1:46:59 | 46:37 | 2. | +1:13 |

M21 (6 / 6)

| | | | Total Time | Stage | | |
|----|-----------------|-----------------------|-------------------|--------------|----|-------|
| 1. | Dwojak Wojciech | WKS Śląsk, Wrocław | 1:59:44 | 1:07:27 | 1. | |
| 2. | Jurczyk Tomasz | UKS Sparta, Czyżowice | 2:04:17 | 1:12:15 | 2. | +4:48 |
| 3. | Jankowiak Paweł | Chyże BnO | 2:17:40 | 1:13:21 | 3. | +5:54 |

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|----|-----------------|--------------------|---------|---------|----|--------|
| 4. | Toborek Jakub | WKS Śląsk, Wrocław | 2:18:21 | 1:21:36 | 4. | +14:09 |
| 5. | Michalak Kacper | UNTS, Warszawa | 2:46:08 | 1:28:02 | 5. | +20:35 |
| | Stawiński Jacek | PTSM Lubañ | NTP | MP | | |

M35 (8 / 8)

| | | | Total Time | Stage | | |
|----|----------------------|-------------------------|-------------------|--------------|----|--------|
| 1. | Łącki Łukasz | UKS OSiR, Góra Kalwaria | 2:04:54 | 1:17:10 | 3. | +10:03 |
| 2. | Gorzelniaak Karol | HKS Azymut, Mochy | 2:13:34 | 1:16:27 | 2. | +9:20 |
| 3. | Kirakosov Kostiantyn | ambitracing team | 2:25:20 | 1:21:21 | 4. | +14:14 |
| 4. | Ledecký Vladimír | Česká Lípa | 2:33:49 | 1:33:48 | 6. | +26:41 |
| 5. | Duda Jakub | KInO ORIENTOP, Wrocław | 2:39:28 | 1:37:41 | 7. | +30:34 |
| 6. | Sornat Paweł | Indywidualnie | 3:26:22 | 2:09:23 | 8. | +62:16 |
| | Łoniewski Grzegorz | KU AZS WAT, Warszawa | NTP | 1:07:07 | 1. | |
| | Marciniak Tomasz | KS Hades Poznań | NTP | 1:24:41 | 5. | +17:34 |

M40 (8 / 8)

| | | | Total Time | Stage | | |
|----|----------------------|----------------------------|-------------------|--------------|----|--------|
| 1. | Walicki Rafał | HKS Azymut, Mochy | 1:48:07 | 56:45 | 3. | +5:20 |
| 2. | Jończy Daniel | MKS Paulinum, Jelenia Góra | 1:51:45 | 52:14 | 2. | +0:49 |
| 3. | Dutkiewicz Damian | MKS Paulinum, Jelenia Góra | 1:55:27 | 1:00:16 | 4. | +8:51 |
| 4. | Pietrzak Patryk | HKS Azymut, Mochy | 2:22:40 | 1:14:15 | 6. | +22:50 |
| 5. | Bąk Piotr | WKS Śląsk, Wrocław | 2:34:22 | 1:22:31 | 8. | +31:06 |
| 6. | Erben Jiri | Česká Lípa | 2:46:39 | 1:15:45 | 7. | +24:20 |
| 7. | Lachowski Przemysław | Bolestawiec | 3:09:50 | 1:08:37 | 5. | +17:12 |
| | Golinowski Paweł | Indywidualny Dolnośląskie | DNS | 51:25 | 1. | |

M45 (5 / 5)

| | | | Total Time | Stage | | |
|----|------------------|-----------------------|-------------------|--------------|----|--------|
| 1. | Mol Krzysztof | HKS Azymut, Mochy | 1:41:27 | 56:50 | 2. | +3:36 |
| 2. | Badarycz Piotr | Gliwice | 2:04:53 | 1:05:24 | 5. | +12:10 |
| 3. | Porada Robert | UKS Reflex, Rybnik | 2:06:58 | 59:15 | 3. | +6:01 |
| | Pacyna Krzysztof | UKS Energetyk, Dychów | NTP | 1:00:38 | 4. | +7:24 |
| | Żak Tomasz | UKS Energetyk, Dychów | NTP | 53:14 | 1. | |

M50 (7 / 7)

| | | | Total Time | Stage | | |
|----|-----------------|-----------------------|-------------------|--------------|----|--------|
| 1. | Michalak Tomasz | UNTS, Warszawa | 1:38:52 | 53:29 | 1. | |
| 2. | Průšek Petr | Česká Lípa | 1:56:43 | 1:00:30 | 2. | +7:01 |
| 3. | Sztranek Paweł | UKS Azymut, Pabianice | 2:10:10 | 1:13:19 | 5. | +19:50 |
| 4. | Machara Martin | Česká Lípa | 2:13:53 | 1:06:26 | 3. | +12:57 |
| 5. | Kubec Pavel | Česká Lípa | 2:27:46 | 1:12:44 | 4. | +19:15 |
| 6. | Forystek Józef | WKS Wawel, Kraków | 2:52:58 | 1:17:05 | 6. | +23:36 |
| 7. | Doškář Boris | Česká Lípa | 3:13:04 | 1:43:01 | 7. | +49:32 |

M60 (8 / 8)

| | | | Total Time | Stage | | |
|----|-----------------|-----------------------|-------------------|--------------|----|--------|
| 1. | Kolis Zbigniew | KB Piast, Międzyrzecz | 1:31:15 | 48:10 | 1. | |
| 2. | Guga Romuald | WKS Śląsk, Wrocław | 1:46:21 | 56:56 | 3. | +8:46 |
| 3. | Průcha Miloslav | Česká Lípa | 1:51:27 | 1:03:08 | 5. | +14:58 |

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|----|-------------------|-----------------------|---------|---------|----|--------|
| 4. | Král Martin | Česká Lípa | 2:06:54 | 1:11:44 | 7. | +23:34 |
| 5. | Polewski Dariusz | Indywidualny Opolskie | 2:24:53 | 1:10:24 | 6. | +22:14 |
| 6. | Meliński Wojciech | UKS Energetyk, Dychów | 2:52:56 | 1:30:19 | 8. | +42:09 |
| | Deptuła Jerzy | UKS Energetyk, Dychów | NTP | 57:58 | 4. | +9:48 |
| | Markowski Adam | UKS Energetyk, Dychów | NTP | 53:13 | 2. | +5:03 |

M70 (5 / 5)

| | | | Total Time | Stage | | |
|----|----------------------|---------------------------|-------------------|--------------|----|--------|
| 1. | Gliński Henryk | KS Artemis, Wrocław | 1:42:28 | 55:01 | 2. | +6:27 |
| 2. | Bartkowiak Edward | WKS Grunwald, Poznań | 2:02:25 | 1:05:47 | 3. | +17:13 |
| 3. | Našinec Jiří | Česká Lípa | 2:19:28 | 1:10:47 | 4. | +22:13 |
| 4. | Pietkiewicz Waldemar | Indywidualny Dolnośląskie | 2:29:26 | 1:18:28 | 5. | +29:54 |
| | Michałek Janusz | UKS Energetyk, Dychów | MP | 48:34 | 1. | |

10R (24 / 24)

| | | | Total Time | Stage | | |
|-----|----------------------------|----------------------------|-------------------|--------------|-----|--------|
| 1. | Hanušová Eva | Česká Lípa | 57:41 | 24:27 | 1. | |
| 2. | Pietrzak Inez | HKS Azymut, Mochy | 1:03:24 | 24:54 | 3. | +0:27 |
| 3. | Kořínková Maruška | Česká Lípa | 1:09:29 | 28:02 | 6. | +3:35 |
| 4. | Kořínek Jakub | Česká Lípa | 1:10:30 | 29:13 | 7. | +4:46 |
| 5. | Hetnar Emilia | UKS Orientpark.pl, Iwiny | 1:18:31 | 32:23 | 11. | +7:56 |
| 6. | Konečný Antonín | Česká Lípa | 1:25:22 | 25:43 | 5. | +1:16 |
| 7. | Žanda Josef | Česká Lípa | 1:25:46 | 25:41 | 4. | +1:14 |
| 8. | Machowska- Łacka Magdalena | UKS OSiR, Góra Kalwaria | 1:33:19 | 45:29 | 17. | +21:02 |
| 9. | Raudner-Forystek Katarzyna | WKS Wawel, Kraków | 1:44:44 | 51:06 | 19. | +26:39 |
| 10. | Landyszkowski Wojciech | UKS Dąb, Leszno | 1:45:06 | 43:00 | 14. | +18:33 |
| 11. | Kucia Laura | MP nr 10 JG | 1:56:15 | 43:05 | 15. | +18:38 |
| 12. | Janas Małgorzata | UKS Kometa, Gliwice | 2:01:34 | 50:17 | 18. | +25:50 |
| 13. | Sornat Klaudia | Indywidualnie | 2:31:10 | 1:07:52 | 23. | +43:25 |
| 13. | Sornat Natalia | Indywidualnie | 2:31:10 | 1:07:58 | 24. | +43:31 |
| | Hubnerová Olivie | Česká Lípa | DNF | 30:54 | 9. | +6:27 |
| | Pruskova Veronika | Česká Lípa | DNF | 24:52 | 2. | +0:25 |
| | Bartczak Tomasz | UKS Energetyk, Dychów | NTP | 45:11 | 16. | +20:44 |
| | Erbenová Martina | Česká Lípa | NTP | 31:13 | 10. | +6:46 |
| | Łabędzki Jaś | UKS Energetyk, Dychów | NTP | 29:24 | 8. | +4:57 |
| | Ładomirska Gabriela | MKS Paulinum, Jelenia Góra | NTP | 41:23 | 13. | +16:56 |
| | Madej Zofia | UKS Orientpar.pl, Iwiny | NTP | 53:53 | 20. | +29:26 |
| | Marciniak Dorota | KS Hades Poznań | NTP | 1:00:59 | 22. | +36:32 |
| | Marciniak Tadeusz | KS Hades, Poznań | NTP | 1:00:45 | 21. | +36:18 |
| | Świtaniak Lena | UKS Orientpark.pl, Iwiny | NTP | 34:07 | 12. | +9:40 |

KM10N (8 / 8)

| | | | Total Time | Stage | | |
|----|----------------------|-----------------------|-------------------|--------------|----|--------|
| 1. | Erben Vojtěch | Česká Lípa | 1:02:05 | 23:18 | 1. | |
| 2. | Konečný Tadeáš | Česká Lípa | 1:15:39 | 31:12 | 3. | +7:54 |
| 3. | Hanušová Lenka | Česká Lípa | 1:37:52 | 33:15 | 4. | +9:57 |
| | Žandová Eliška | Česká Lípa | DNF | 25:46 | 2. | +2:28 |
| | Dziemidowicz Dagmara | UKS Energetyk, Dychów | NTP | 53:05 | 8. | +29:47 |

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|--------------------|-----------------------|-----|-------|----|--------|
| Grzelczak Oliwia | UKS Dąb, Leszno | NTP | 43:12 | 6. | +19:54 |
| Kwiatkowska Monika | UKS Energetyk, Dychów | NTP | 44:11 | 7. | +20:53 |
| Menartowicz Lena | UKS Energetyk, Dychów | NTP | 42:37 | 5. | +19:19 |

KRÓTKA (9 / 9)

| | | Total Time | Stage | | |
|----|------------------------|----------------------------|---------|---------|-----------|
| 1. | Szczęsnowicz Julia | Indywidualnie Łódzkie | 1:49:40 | 1:00:55 | 2. +0:50 |
| 2. | Bodziona Daria | Indywidualny | 2:21:18 | 1:13:26 | 4. +13:21 |
| 3. | Owczarek Monika | Indywidualnie Wielkopolska | 2:24:21 | 1:07:47 | 3. +7:42 |
| 4. | Zajac Barbara | UKS Reflex, Rybnik | 2:48:31 | 1:26:35 | 7. +26:30 |
| 5. | Ohly-Toborek Katarzyna | Indywidualnie | 3:01:37 | 1:43:20 | 8. +43:15 |
| | Łukaszyk Maksymilian | UKS Dąb, Leszno | MP | 1:23:32 | 5. +23:27 |
| | Runo Konrad | UKS Dąb, Leszno | MP | 1:23:38 | 6. +23:33 |
| | Dziemidowicz Radosław | UKS Energetyk, Dychów | NTP | 1:00:05 | 1. |
| | Žanda Josef | Česká Lípa | NTP | 1:45:20 | 9. +45:15 |

DŁUGA (2 / 2)

| | | Total Time | Stage | | |
|----|----------------|-----------------|---------|---------|----------|
| 1. | Prais Anna | UKS Dąb, Leszno | 4:16:31 | 1:47:24 | 1. |
| | Kurpisz Maciej | UKS Dąb, Leszno | NTP | 1:47:32 | 2. +0:08 |