

# Lista Startowa Kategoriami – TDS 2024 - E1 - ŚREDNI

2024-04-06



## K10N

|       |                |
|-------|----------------|
| 10:55 | Ewa Drygas     |
| 10:57 | Alicja Adamska |
| 10:59 | Zuzanna Owcarz |
| 11:01 | Inez Pietrzak  |

## 4 Zawodników

## 1500 Meters

|                        |         |
|------------------------|---------|
| UKS Arkady, Raszkow    | 8110092 |
| KS Tecza, Brzezia Łaka | 895005  |
| KS Koscielec, Chrzanow | 8032052 |
| HKS Azymut, Mochy      | 8500225 |

## Start 1

## K10

|       |                       |
|-------|-----------------------|
| 10:55 | Aleksandra Kalecinska |
| 10:57 | Lena Podgruszewska    |
| 10:59 | Jagoda Rubach         |
| 11:01 | Julia Bak             |
| 11:03 | Pia Breksa            |

## 5 Zawodników

## 1700 Meters

|                         |         |
|-------------------------|---------|
| Grupa Biegowa Oborygeni | 2076047 |
| HKS Azymut, Mochy       | 8509226 |
| UKS Arkady, Raszkow     | 8152331 |
| KS Tecza, Brzezia Łaka  | 8017788 |
| WKS Wawel, Krakow       | 1010884 |

## Start 1

## K12

|       |                    |
|-------|--------------------|
| 10:01 | Jagoda Adamska     |
| 10:03 | Dorota Stefanska   |
| 10:05 | Maria Biskupska    |
| 10:07 | Martyna Dwojak     |
| 10:09 | Amelia Ruda        |
| 10:11 | Hanna Drutowska    |
| 10:13 | Amelia Klis        |
| 10:15 | Karolina Piekietek |
| 10:17 | Hanna Bernas       |
| 10:19 | Emilia Hetnar      |
| 10:21 | Zuzanna Krawiec    |
| 10:23 | Emilia Walas       |
| 10:25 | Lena Krakowiak     |
| 10:27 | Maja Stefanska     |
| 10:29 | Maja Gondek        |
| 10:31 | Julia Ziober       |
| 10:33 | Laura Rychlik      |

## 17 Zawodników

## 2100 Meters

|                          |         |
|--------------------------|---------|
| KS Tecza, Brzezia Łaka   | 2053612 |
| UKS Arkady, Raszkow      | 8618320 |
| WKS Wawel, Krakow        | 8003384 |
| UKS Orientpark.pl, Iwiny | 8100456 |
| UKS Arkady, Raszkow      | 8032098 |
| Grupa Biegowa Oborygeni  | 2076045 |
| UKS Reflex, Rybnik       | 8136024 |
| UKS Arkady, Raszkow      | 8102674 |
| MKS MOS, Wrocław         | 8413339 |
| UKS Orientpark.pl, Iwiny | 8618372 |
| UKS Arkady, Raszkow      | 8170112 |
| WKS Wawel, Krakow        | 8229143 |
| UKS Orientpark.pl, Iwiny | 8001706 |
| UKS Arkady, Raszkow      | 8060112 |
| MKS MOS, Wrocław         | 8413313 |
| UKS Orientpark.pl, Iwiny | 8100453 |
| UKS Arkady, Raszkow      | 8070812 |

## Start 1

## K14

|       |                  |
|-------|------------------|
| 10:01 | Amelia Bohne     |
| 10:03 | Olga Walas       |
| 10:05 | Ivanna Panchenko |

## 13 Zawodników

## 2400 Meters

|                   |         |
|-------------------|---------|
| HKS Azymut, Mochy | 8229169 |
| WKS Wawel, Krakow | 8229149 |
| KS Hades, Poznan  | 8196056 |

## Start 1

|       |                      |                            |         |
|-------|----------------------|----------------------------|---------|
| 10:07 | Patrycja Zielinska   | UKS Arkady, Raszkow        | 8130511 |
| 10:09 | Jagoda Olejniczak    | HKS Azymut, Mochy          | 8062024 |
| 10:11 | Małgorzata Biskupska | WKS Wawel, Krakow          | 8640933 |
| 10:13 | Emilia Nowak         | MKS Paulinum, Jelenia Gora | 8618341 |
| 10:15 | Zuzanna Skurak       | MKS MOS, Wrocław           | 8413315 |
| 10:17 | Nina Dobrzynska      | HKS Azymut, Mochy          | 8618387 |
| 10:19 | Blanka Breksa        | WKS Wawel, Krakow          | 8006519 |
| 10:21 | Michalina Wysocka    | WKS Slask, Wrocław         | 8345992 |
| 10:23 | Zofia Gorzelniak     | HKS Azymut, Mochy          | 8032144 |
| 10:25 | Helena Depta         | WKS Wawel, Krakow          | 8003917 |

## K16

|       |                       |                            |         |
|-------|-----------------------|----------------------------|---------|
| 10:33 | Michalina Iwanowska   | WKS Slask, Wrocław         | 8278029 |
| 10:35 | Dominika Waligorska   | HKS Azymut, Mochy          | 8229141 |
| 10:37 | Julia Moszkowicz      | WKS Wawel, Krakow          | 8000389 |
| 10:39 | Klaudia Trzeciak      | UKS Arkady, Raszkow        | 8091403 |
| 10:41 | Wiktoria Dutkiewicz   | MKS Paulinum, Jelenia Gora | 8618338 |
| 10:43 | Hanna Paterek         | HKS Azymut, Mochy          | 8229162 |
| 10:45 | Weronika Klis         | UKS Reflex, Rybnik         | 8211221 |
| 10:47 | Oliwia Uciechowska    | UKS Arkady, Raszkow        | 8132009 |
| 10:49 | Julia Staniec         | WKS Slask, Wrocław         | 8062039 |
| 10:51 | Milena Mis            | HKS Azymut, Mochy          | 8062029 |
| 10:53 | Yelyzaveta Oliinyk    | WKS Wawel, Krakow          | 8000587 |
| 10:55 | Anna Wasko            | UKS Arkady, Raszkow        | 8200977 |
| 10:57 | Magdalena Kazmierczak | HKS Azymut, Mochy          | 8229177 |

## 13 Zawodników

## 3400 Meters

## Start 1

## K18

|       |                     |                            |         |
|-------|---------------------|----------------------------|---------|
| 10:34 | Hanna Szczygiel     | WKS Slask, Wrocław         | 8201402 |
| 10:36 | Daniela Panchenko   | KS Hades, Poznan           | 8013943 |
| 10:38 | Julia Lewkowicz     | MKS Paulinum, Jelenia Gora | 8032127 |
| 10:40 | Hanna Kuciel        | WKS Slask, Wrocław         | 8000774 |
| 10:42 | Karolina Młynkowiak | HKS Azymut, Mochy          | 8062023 |
| 10:44 | Martyna Durka       | MKS Paulinum, Jelenia Gora | 8032140 |
| 10:46 | Olga Kraszewska     | WKS Slask, Wrocław         | 8000776 |

## 7 Zawodników

## 3500 Meters

## Start 1

## K21

|       |                     |                             |         |
|-------|---------------------|-----------------------------|---------|
| 10:01 | Aneta Kazmierczak   | UKS Orientus, Łodz          | 8211095 |
| 10:03 | Marta Sekta         | -                           |         |
| 10:05 | Lidia Piwowar       | HKS Azymut, Mochy           | 8062022 |
| 10:07 | Olha Honhalska      | WKS Slask, Wrocław          | 8007383 |
| 10:09 | Natalia Kurtycz     | WKS Wawel, Krakow           | 8000583 |
| 10:11 | Jowita Pudetek      | LKS Gorzanka, Nawojowa Gora | 8210905 |
| 10:13 | Renata Chvojikova   | OK Jiskra Novy Bor          | 8510266 |
| 10:15 | Hanna Paulava       | WKS Slask, Wrocław          | 8182064 |
| 10:17 | Julia Krempinska    | UKS Azymut, Pabianice       | 8640908 |
| 10:19 | Anastasiia Koroliuk | -                           |         |
| 10:21 | Adrianna Filipiak   | WKS Grunwald, Poznan        | 8000831 |

## 16 Zawodników

## 4700 Meters

## Start 1

|       |                     |                    |         |
|-------|---------------------|--------------------|---------|
| 10:23 | Justyna Kostrzewska | WKS Slask, Wroclaw | 8640918 |
| 10:25 | Monika Nawrocka     | 23 SPA             | 8664855 |
| 10:27 | Tatiana Savchenko   | Indywidualny       |         |
| 10:29 | Michaela Macharova  | OK Jiskra Novy Bor | 8510262 |
| 10:31 | Agnieszka Mazurek   | WKS Slask, Wroclaw | 8007379 |

## K35

|       |                                 |                                 |         |
|-------|---------------------------------|---------------------------------|---------|
| 10:00 | Kristin Ritzenthaler            | TSV Jetzendorf                  | 8632427 |
| 10:02 | Maria Anna Marciniak            | KS Hades, Poznan                | 8000825 |
| 10:04 | Agnieszka Alabrudzinska-Rychter | Indywidualni Zachodniopomorskie | 8410161 |
| 10:06 | Alicja Wojtala                  | -                               | 8100459 |
| 10:08 | Alicja Kaucka                   | Indywidualny                    | 8001425 |

## 5 Zawodników

## 3400 Meters

## Start 1

## K40

|       |                       |                          |         |
|-------|-----------------------|--------------------------|---------|
| 10:25 | Katarzyna Pietrzak    | HKS Azymut, Mochy        | 8032155 |
| 10:27 | Katja Engelhardt      | SSV Planeta Radebeul     | 8606482 |
| 10:29 | Karolina Rubach       | UKS Arkady, Raszkow      | 8101049 |
| 10:31 | Anna Karnia-Biskupska | WKS Wawel, Krakow        | 8006535 |
| 10:33 | Dorota Jastrzebska    | 17WBZ                    | 8003531 |
| 10:35 | Joanna Nikołajuk      | UKS Orientpark.pl, Iwiny | 8664862 |
| 10:37 | Urszula Adamska       | WKS Slask, Wroclaw       | 9102631 |
| 10:39 | Joanna Grabowska      | WKS Wawel, Krakow        | 8099122 |
| 10:41 | Monika Owczarek       | HKS Azymut, Mochy        | 8089663 |
| 10:43 | Barbara Strugała      | WKS Wawel, Krakow        | 8021981 |

## 10 Zawodników

## 3400 Meters

## Start 1

## K45

|       |                           |                            |         |
|-------|---------------------------|----------------------------|---------|
| 10:55 | Anna Rostanec             | Indywidualny               | 8001819 |
| 10:57 | Agnieszka Filipiak        | KS Hades, Poznan           | 8430043 |
| 10:59 | Bogustawa Stonska         | WKS Wawel, Krakow          | 8229154 |
| 11:01 | Amelia Grodecka           | Kapibara Team              | 8100452 |
| 11:03 | Ewa Olejnik               | WKS Wawel, Krakow          | 8650888 |
| 11:05 | Anna Włodarczyk-Szymanska | MKS Paulinum, Jelenia Gora | 8500233 |

## 6 Zawodników

## 3300 Meters

## Start 1

## K50+

|       |                           |                       |         |
|-------|---------------------------|-----------------------|---------|
| 10:48 | Sylwia Semeniuk-Przymecka | WKS Slask, Wroclaw    | 8110224 |
| 10:50 | Roza Spiliszewska         | KS Artemis, Wroclaw   | 412206  |
| 10:52 | Ivana Kubatova            | OK Jiskra Novy Bor    | 2126287 |
| 10:54 | Joanna Wysocka            | WKS Slask, Wroclaw    | 8424159 |
| 10:56 | Barbara Nowak             | HKS Azymut, Mochy     | 8516404 |
| 10:58 | Agata Nadera              | CX80 Kalisz           | 8160375 |
| 11:00 | Anna Kurzyp               | WKS Slask, Wroclaw    | 8007376 |
| 11:02 | Iwona Sztranek            | UKS Azymut, Pabianice | 2043890 |

## 8 Zawodników

## 3000 Meters

## Start 1

## M10N

|       |                    |
|-------|--------------------|
| 10:43 | Tadeusz Marciniak  |
| 10:45 | Maciej Kawatko     |
| 10:47 | Leon Adamski       |
| 10:49 | Makary Staskiewicz |
| 10:51 | Bernard Kłodowski  |
| 10:53 | Mikołaj Adamski    |

## 6 Zawodników

## 1500 Meters

|                         |         |
|-------------------------|---------|
| KS Tecza, Brzezia Łaka  | 501142  |
| Grupa Biegowa Oborygeni | 2076050 |
| KS Tecza, Brzezia Łaka  | 889180  |
| MKS MOS, Wrocław        | 8409263 |
| KS Tecza, Brzezia Łaka  | 2053622 |
| KS Tecza, Brzezia Łaka  | 2067736 |

## Start 1

## M10

|       |                          |
|-------|--------------------------|
| 10:56 | Michał Piaskowski        |
| 10:58 | Ignacy Pałamarz-Podgorny |
| 11:00 | Filip Siwiec             |

## 3 Zawodników

## 2100 Meters

|                            |         |
|----------------------------|---------|
| UKS Arkady, Raszkow        | 8045633 |
| KS Tecza, Brzezia Łaka     | 504407  |
| MKS Paulinum, Jelenia Gora | 8229179 |

## Start 1

## M12

|       |                           |
|-------|---------------------------|
| 10:00 | Joachim Dobrzyński        |
| 10:02 | Cezary Drygas             |
| 10:04 | Ignacy Maciaczyk          |
| 10:06 | Florian Pałamarz-Podgorny |
| 10:08 | Antoni Smug               |
| 10:10 | Sebastian Pabich          |
| 10:12 | Mateusz Wdowczyk          |
| 10:14 | Damyr Stryżhak            |
| 10:16 | Wojciech Zagrobelny       |
| 10:18 | Adam Kawatko              |
| 10:20 | Bogusław Piasecki         |
| 10:22 | Franciszek Formanski      |
| 10:24 | Leon Maciaczyk            |
| 10:26 | Oskar Adamski             |
| 10:28 | Franciszek Mazij          |
| 10:30 | Krzysztof Gorski          |
| 10:32 | Kacper Stefaniak          |

## 17 Zawodników

## 2300 Meters

|                            |         |
|----------------------------|---------|
| HKS Azymut, Mochy          | 8032146 |
| UKS Arkady, Raszkow        | 8201795 |
| KS Hades, Poznan           | 8501657 |
| KS Tecza, Brzezia Łaka     | 9109211 |
| Grupa Biegowa Oborygeni    | 2076051 |
| HKS Azymut, Mochy          | 8500221 |
| UKS Arkady, Raszkow        | 8102673 |
| MKS MOS, Wrocław           | 8412293 |
| MKS Paulinum, Jelenia Gora |         |
| Grupa Biegowa Oborygeni    | 2076049 |
| HKS Azymut, Mochy          | 8516904 |
| UKS Arkady, Raszkow        | 8032099 |
| KS Hades, Poznan           | 8183120 |
| KS Tecza, Brzezia Łaka     | 7203697 |
| Grupa Biegowa Oborygeni    | 2076058 |
| MKS Paulinum, Jelenia Gora | 8032113 |
| Grupa Biegowa Oborygeni    | 2076052 |

## Start 1

## M14

|       |                      |
|-------|----------------------|
| 10:00 | Alan Kubiak          |
| 10:02 | Danylo Kharchenko    |
| 10:04 | Ksawery Lewandowski  |
| 10:06 | Mikołaj Lisiecki     |
| 10:08 | Tadeusz Kawatko      |
| 10:10 | Michał Moszkowicz    |
| 10:12 | Julian Emilian Franc |
| 10:14 | Damian Gajek         |
| 10:16 | Kacper Dudzik        |
| 10:18 | Bruno Pietrzak       |
| 10:20 | Bartosz Deda         |

## 20 Zawodników

## 3000 Meters

|                            |         |
|----------------------------|---------|
| MKS Paulinum, Jelenia Gora |         |
| MKS MOS, Wrocław           | 8412292 |
| MKS Paulinum, Jelenia Gora | 8032125 |
| HKS Azymut, Mochy          | 8500224 |
| Grupa Biegowa Oborygeni    | 2076048 |
| WKS Wawel, Krakow          | 8006532 |
| HKS Azymut, Mochy          | 8666008 |
| MKS MOS, Wrocław           | 8338242 |
| MKS Paulinum, Jelenia Gora | 8618339 |
| HKS Azymut, Mochy          | 8062021 |
| KS Koscielce, Chrzanow     | 8032059 |

## Start 1

|       |                     |                            |         |
|-------|---------------------|----------------------------|---------|
| 10:22 | David Hundt         | WKS Wawel, Krakow          | 8005031 |
| 10:24 | Fabian Młynkowiak   | HKS Azymut, Mochy          | 8032130 |
| 10:26 | Konrad Przybecki    | MKS MOS, Wrocław           | 8110021 |
| 10:28 | Tymoteusz Strugała  | WKS Wawel, Krakow          | 8310509 |
| 10:30 | Maciej Piasecki     | HKS Azymut, Mochy          | 8517304 |
| 10:32 | Bruno Binkowski     | Grupa Biegowa Oborygeni    | 2076042 |
| 10:34 | Tymoteusz Zasadzki  | WKS Wawel, Krakow          | 8006531 |
| 10:36 | Jan Dwojak          | MKS Paulinum, Jelenia Gora | 8618340 |
| 10:38 | Mikołaj Niedzielski | HKS Azymut, Mochy          | 8062025 |

## M16

|       |                    |                            |         |
|-------|--------------------|----------------------------|---------|
| 10:36 | Antoni Chodlewski  | Indywidualny               | 8017391 |
| 10:38 | Michał Jonczy      | MKS Paulinum, Jelenia Gora | 8058863 |
| 10:40 | Miłosz Staskiewicz | WKS Slask, Wrocław         | 8062042 |
| 10:42 | Igor Gorski        | MKS Paulinum, Jelenia Gora | 8229172 |
| 10:44 | Marcin Kaminski    | WKS Slask, Wrocław         | 8007377 |
| 10:46 | Szymon Ładomirski  | MKS Paulinum, Jelenia Gora | 8140609 |
| 10:48 | Damian Widziewicz  | WKS Slask, Wrocław         | 8006543 |

## 7 Zawodników

## 3600 Meters

## Start 1

## M21

|       |                       |                            |         |
|-------|-----------------------|----------------------------|---------|
| 10:27 | Krzysztof Łatkowski   | Indywidualny Wielkopolskie | 8100179 |
| 10:29 | Vit Sakr              | OK Jiskra Novy Bor         | 8270693 |
| 10:31 | Przemysław Kraszewski | WKS Slask, Wrocław         | 8648667 |
| 10:33 | Marcin Pluta          | KS Hades, Poznan           | 8229204 |
| 10:35 | Kacper Michalak       | UNTS, Warszawa             | 8655941 |
| 10:37 | Jan Pavlovec          | OK Jiskra Novy Bor         | 8116796 |
| 10:39 | Dariusz Domanski      | 17WBZ                      | 8003533 |
| 10:41 | Mariusz Pabich        | UKS Azymut, Pabianice      | 8281288 |
| 10:43 | Paweł Jankowiak       | Indywidualny Wielkopolskie |         |
| 10:45 | Tomasz Kolarik        | OK Jiskra Novy Bor         | 8509343 |
| 10:47 | Łukasz Krupa          | WKS Slask, Wrocław         | 8120690 |
| 10:49 | Jan Sztranek          | UKS Azymut, Pabianice      | 8002653 |
| 10:51 | Marek Vobr            | OK Jiskra Novy Bor         | 8160175 |
| 10:53 | Mikołaj Krawczyński   | WKS Slask, Wrocław         | 8650386 |

## 14 Zawodników

## 5900 Meters

## Start 1

## M35

|       |                    |                           |         |
|-------|--------------------|---------------------------|---------|
| 11:00 | Patryk Wyrzykowski | KS Hades, Poznan          | 8229205 |
| 11:02 | Tomasz Bernas      | WKS Slask, Wrocław        | 8093103 |
| 11:04 | Paweł Golinowski   | Indywidualny Dolnoslaskie | 8648666 |
| 11:06 | Marcin Zadrozny    | -                         |         |
| 11:08 | Marcin Maciejewski | Indywidualny Łodzkie      | 8217777 |
| 11:10 | Adrian Kopczyński  | WKS Slask, Wrocław        | 1421269 |
| 11:12 | Michał Dobrzynski  | HKS Azymut, Mochy         | 8032133 |
| 11:14 | Karol Papata       | Indywidualny              | 8001450 |
| 11:16 | Wojciech Maciaczyk | KS Hades, Poznan          | 8504040 |
| 11:18 | Andrii Honhalskyi  | WKS Slask, Wrocław        | 8007382 |
| 11:20 | Kamil Urbanski     | 17WBZ                     | 8003525 |
| 11:22 | Tomasz Marciniak   | KS Hades, Poznan          | 8183121 |

## 12 Zawodników

## 4500 Meters

## Start 1

# M40

|       |                      |
|-------|----------------------|
| 10:00 | Paweł Piaskowski     |
| 10:02 | Maciej Klis          |
| 10:04 | Przemysław Hajdas    |
| 10:06 | Patryk Pietrzak      |
| 10:08 | Adam Kopec           |
| 10:10 | Otakar Balak         |
| 10:12 | Tomasz Pabich        |
| 10:14 | Łukasz Stempak       |
| 10:16 | Kostiantyn Majasow   |
| 10:18 | Kostiantyn Kirakosov |
| 10:20 | Grzegorz Stezycki    |
| 10:22 | Karsten Roessler     |
| 10:24 | Dariusz Drygas       |
| 10:26 | Marek Kociuba        |
| 10:28 | Karol Gorzelniak     |
| 10:30 | Krzysztof Fekieta    |
| 10:32 | Vladimir Ledecy      |

# 17 Zawodników

# 4200 Meters

|                       |         |
|-----------------------|---------|
| UKS Arkady, Raszkow   | 8234155 |
| UKS Reflex, Rybnik    | 8136012 |
| WKS Slask, Wroclaw    | 1431999 |
| HKS Azymut, Mochy     | 8070581 |
| 23 SPA                | 8664888 |
| OK Jiskra Novy Bor    | 8660473 |
| UKS Azymut, Pabianice | 8649635 |
| niezrzeszony          | 8001209 |
| WKS Slask, Wroclaw    | 8645187 |
| HKS Azymut, Mochy     | 8061082 |
| Indywidualny lubuskie | 8007391 |
| SSV Planeta Radebeul  | 8662454 |
| UKS Arkady, Raszkow   | 8102131 |
| WKS Slask, Wroclaw    | 8010869 |
| HKS Azymut, Mochy     | 8666002 |
| 23 SPA                | 8664883 |
| OK Jiskra Novy Bor    | 8149892 |

# Start 1

# M45

|       |                      |
|-------|----------------------|
| 10:00 | Łukasz Szymt         |
| 10:02 | Przemysław Lachowski |
| 10:04 | Serhii Borysenko     |
| 10:06 | Michał Adamski       |
| 10:08 | Sebastian Grodecki   |
| 10:10 | Daniel Jonczy        |
| 10:12 | Michał Biskupski     |
| 10:14 | Karol Gmur           |
| 10:16 | Rafał Walicki        |
| 10:18 | Marcin Sochacki      |
| 10:20 | Tomasz Kowal         |
| 10:22 | Bartłomiej Pyra      |
| 10:24 | Paweł Podgruszewski  |
| 10:26 | Damian Dutkiewicz    |
| 10:28 | Dariusz Iwanowski    |
| 10:30 | Piotr Bak            |

# 16 Zawodników

# 3900 Meters

|                                 |         |
|---------------------------------|---------|
| HKS Azymut, Mochy               | 8666007 |
| 23 SPA                          | 8664873 |
| Indywidualny                    |         |
| WKS Slask, Wroclaw              | 9102129 |
| Kapibara Team                   | 8100450 |
| MKS Paulinum, Jelenia Gora      | 8020375 |
| WKS Wawel, Krakow               | 8006534 |
| WKS Slask, Wroclaw              | 8664977 |
| HKS Azymut, Mochy               | 8270678 |
| UKS Energetyk, Dychow           | 8260974 |
| Indywidualni Zachodniopomorskie | 8648749 |
| WKS Slask, Wroclaw              | 886319  |
| HKS Azymut, Mochy               | 8500591 |
| MKS Paulinum, Jelenia Gora      | 8040477 |
| WKS Slask, Wroclaw              | 8284248 |
| WKS Slask, Wroclaw              | 8007384 |

# Start 1

# M50

|       |                    |
|-------|--------------------|
| 10:01 | Tomasz Hundt       |
| 10:03 | Mariusz Kramski    |
| 10:05 | Krzysztof Wojtczak |
| 10:07 | Piotr Spilizewski  |
| 10:09 | Paweł Sztranek     |
| 10:11 | Tomasz Zak         |
| 10:13 | Piotr Mazurek      |
| 10:15 | Paweł Pudetek      |

# 12 Zawodników

# 3900 Meters

|                             |         |
|-----------------------------|---------|
| WKS Wawel, Krakow           | 8006536 |
| UKS Energetyk, Dychow       | 8414140 |
| WKS Slask, Wroclaw          | 8654382 |
| KS Artemis, Wroclaw         | 418326  |
| UKS Azymut, Pabianice       | 1407621 |
| UKS Energetyk, Dychow       | 8414136 |
| WKS Slask, Wroclaw          | 8062046 |
| LKS Gorzanka, Nawojowa Gora | 8003253 |

# Start 1

|       |                    |                            |         |
|-------|--------------------|----------------------------|---------|
| 10:17 | Przemysław Szarlik | MKS Paulinum, Jelenia Gora | 8006538 |
| 10:19 | Krzysztof Pacyna   | UKS Energetyk, Dychow      | 8001098 |
| 10:21 | Marcin Szczygiel   | WKS Slask, Wrocław         | 8229197 |
| 10:23 | Marek Filipiak     | KS Hades, Poznan           | 8000830 |

## M55

|       |                      |                    |         |
|-------|----------------------|--------------------|---------|
| 11:00 | Tomasz Michalak      | UNTS, Warszawa     | 8180169 |
| 11:02 | Krzysztof Wrzesinski | WKS Slask, Wrocław | 8210770 |
| 11:04 | Dariusz Nadera       | CX80 Kalisz        | 8195856 |
| 11:06 | Ivan Vydra           | OK Chrastava       | 8028878 |
| 11:08 | Milos Dolezal        | OK Jiskra Novy Bor | 8523    |
| 11:10 | Romuald Wysocki      | MKS MOS, Wrocław   | 8418731 |
| 11:12 | Jozef Forystek       | WKS Wawel, Krakow  | 8066318 |
| 11:14 | Martin Machara       | OK Jiskra Novy Bor | 8149895 |
| 11:16 | Pawel Zielinski      | KS Hades, Poznan   | 8000840 |
| 11:18 | Jacek Olas           | UKS Orientus, Łodz | 7200161 |
| 11:20 | Harald Juras         | OL Görlitz e.V.    | 8606402 |

## 11 Zawodników

## 3600 Meters

## Start 1

## M65

|       |                    |                        |         |
|-------|--------------------|------------------------|---------|
| 10:35 | Marek Pietrusinski | KS Artemis, Wrocław    | 8062655 |
| 10:37 | Jerzy Kryjowski    | KS Koscielac, Chrzanow | 8032058 |
| 10:39 | Henryk Glinski     | KS Artemis, Wrocław    | 8072565 |
| 10:41 | Romuald Guga       | WKS Slask, Wrocław     | 8006972 |

## 4 Zawodników

## 2900 Meters

## Start 1

## M75+

|       |                      |                      |         |
|-------|----------------------|----------------------|---------|
| 10:50 | Andrzej Gorajski     | WKS Slask, Wrocław   | 8024887 |
| 10:52 | Edward Bartkowiak    | WKS Grunwald, Poznan | 412412  |
| 10:54 | Waldemar Pietkiewicz | CX80 Kalisz          | 2023855 |

## 3 Zawodników

## 2300 Meters

## Start 1

## 10R

|   |                            |                          |         |
|---|----------------------------|--------------------------|---------|
| - | Lilia Dulz                 | Indywidualny             | 2053639 |
| - | Robert Dulz                | Indywidualny             | 8001219 |
| - | Igor Wyrzykowski           | KS Hades, Poznan         | 2067842 |
| - | Alicja Dworak              | KS Tecza, Brzezia Łaka   | 2067722 |
| - | Dorota Marciniak           | KS Tecza, Brzezia Łaka   | 253446  |
| - | Johanna Hagen              | TSV Jetzendorf           | 2099899 |
| - | Edyta Koczura              | UKS Arkady, Raszkow      | 8618319 |
| - | Hanna Szczepaniak          | UKS Arkady, Raszkow      | 8168407 |
| - | Hanna Zietek               | UKS Arkady, Raszkow      | 8618318 |
| - | Zuzanna Kazmierczak        | UKS Arkady, Raszkow      | 8071218 |
| - | Kacper Ziober              | UKS Orientpark.pl, Iwiny | 2053619 |
| - | Zofia Krakowiak            | UKS Orientpark.pl, Iwiny | 2053624 |
| - | Julia Olas                 | UKS Orientus, Łodz       | 887253  |
| - | Katarzyna Raudner-Forystek | WKS Wawel, Krakow        | 1966318 |

## 14 Zawodników

## 1500 Meters

## Start 1

**KRÓTKA****8 Zawodników**

|   |                       |
|---|-----------------------|
| - | Adrian Myk            |
| - | Bartłomiej Waloszczyk |
| - | Michał Kalata         |
| - | Monika Krakowska      |
| - | Janek Dulz            |
| - | Rafał Owczarz         |
| - | Boris Doskar          |
| - | Liliana Szmyt         |

**2000 Meters**

|                        |
|------------------------|
| 10BK Panc              |
| 10BK Panc              |
| 10BK Panc              |
| 10BK Panc              |
| Indywidualny           |
| KS Koscielce, Chrzanow |
| OK Jiskra Novy Bor     |
| UKS Arkady, Raszkw     |

**Start 1**

|         |
|---------|
| 8648674 |
| 8007399 |
| 8003380 |
| 8003383 |
| 8618373 |
| 8032053 |
| 8160181 |
| 8040122 |

**DŁUGA****6 Zawodników**

|   |                   |
|---|-------------------|
| - | Andrzej Orłowski  |
| - | Maja Nikołajuk    |
| - | Anna Dubiel       |
| - | Tomasz Zielinski  |
| - | Eugeniusz ADAMSKI |
| - | Patrycja Zok      |

**3200 Meters**

|                           |
|---------------------------|
| 1psap                     |
| Indywidualny              |
| Indywidualny Dolnoslaskie |
| KS Hades, Poznan          |
| niezrzeszony              |
| No club                   |

**Start 1**

|         |
|---------|
| 8500235 |
| 8013972 |
| 8110693 |
| 8000841 |